

# ***Attention ALL Caregivers***



## ***FREE CAREGIVER CONFERENCE***

***Are you a Grandparent serving as a Parent Again?***

***Are you caring for an elderly person or a disabled adult?***

***Join us for a day of Healthy Caregiver Information***

***When: Saturday, June 6, 2009***

***Where: Gladys Waddingham Library Lecture Hall  
101 West Manchester Blvd.  
Inglewood, CA 90301***

***Time: 11:00 am-4:00 pm***

***What: Guest Speakers on Laughter Yoga, Global  
CardioCare, Herbal Information, and Healthy  
Caregiver Lifestyle Information***

***Admission: FREE***

Sponsored by the Inglewood Cheerful Givers from the Heart N.A.C. (Neighborhood Action Council), with support from the South Bay Center for Counseling and City of Inglewood Care Management Program.  
For more information, call (310)412-4286



South Bay Center for Counseling  
Community & Economic Development

