INGLEWOOD PARKS, RECREATION AND COMMUNITY SERVICES DEPARTMENT SENIOR CENTER



(310) 412-5338

330 Centinela Avenue, Inglewood, CA 90302

June, 2010

# Savvy Caregiver Training Course At Inglewood Senior Center

The California Southland chapter of the Alzheimer's Association is offering a FREE six week course that provides family caregivers with the basic knowledge, skills, and attitudes needed to care for a family member who has been diagnosed with Alzheimer's disease or another dementia.

The topics that to be covered include:

- Learning about the stages of Alzheimer disease
- How to understand difficult or challenging behaviors

Upon completion of this course, caregivers will:

- Understand Alzheimer's and other dementias
- Increase caregiver's skills and knowledge of caregiving
- Increase skills to assess the abilities of your family member with Alzheimer's disease or another dementia
- Improve the quality of life for those receiving care as well as those giving care
- · Learn strategies to manage daily life

Caring for someone with Alzheimer's disease or other dementias is a specialty requiring specific skills that contributes not only to the well being of the person with the disease but also the caregiver. This course will give families confidence in the skills of caregiving.

This 6-week course will be held at the Inglewood Senior Center, 330 Centinela Avenue, Inglewood, CA 90302 on Thursdays beginning June 3, 2010 and run consecutively through July 8, 2010 from 10:00 a.m. to 12 Noon. Attendance at all classes is required. Respite assistance is available and registration is required.

To register or for more information, call Bryan Gaines, Education and Outreach Coordinator, Alzheimer's Association at (323) 930-6272.

~June 20, 2010 is Father's Day~



### 35th Annual Barbecue

The Historical Society of Centinela Valley invites you to their 35<sup>th</sup> Annual Barbecue on Sunday, June 6, 2010 from Noon to 4:00 p.m. at the Centinela Adobe Complex located at 7634 Midfield, Los Angeles, CA 90045.

The menu will be steak or chicken, coleslaw, barbecue beans and homemade cake. The donation is \$12.50 for adults and \$5.00 for children under 6 years of age.

Entertainment will be provided by Joey Dee. There will also be a classic car show courtesy of Classic Low Riders and Hot Rods, Old Timers of West Los Angeles Antique Cars and Los Angeles County Fire Department.

#### **Directions:**

From the 405 Freeway or La Cienega Boulevard, go West on Florence or Manchester. Turn North on Hindry (first signal west of La Cienega), and right on 82<sup>nd</sup> Street to Midfield. There is free Parking on 83<sup>rd</sup> Street west of Hindry, where free shuttle service will be available

#### Movie at the Center

Due to the Father's Day Program scheduled on June 18, 2010, only one movie will be shown in the month of June.

**Blind Side, staring Sandra Bullock** will be shown on Friday, June 2, 2010 at 1:00 p.m.

**Blind Side** is the story of Michael Oher, a homeless boy who became an All American football player and first round draft pick

with the help of a caring woman and her family.

#### **Redondo Beach Outing**

Summer is here and June will be the start of the summer tours to the different beaches and piers.

The first outing has been planned for the Redondo Beach Pier, where you can walk along the pier, enjoy the shops, arcades and have lunch at one of the many different restaurants located on the pier. This outing will take place on Friday, June 11, 2010 with transportation leaving the Senior Center at 10:30 a.m. and returning at 4:00 p.m. The sign up sheet is available at the Center.

For more information, contact Shelley Benjamin, Activity Coordinator at (310) 412-4340.

#### Friends For Fun

The June 3<sup>rd</sup> meeting for Friends for Fun usually held at the Senior Center will be held at Home Town Buffet in Hawthorne.

Transportation will be provided and will pick up club members from the Center at 11:30 a.m.

### Voice of Experience

Is a publication of the Inglewood Parks, Recreation and Community Services Department

#### Senior Center

Sabrina Barnes, Director
Skip Halloran, Human Services
Superintendent
Sikizi Allen, Senior Center Programs
Manager
Conchita Cox, Editor

Spring COMMUNITY CLIPBOARD

# Community Development Block Grant Funds Meeting

The City of Inglewood will receive \$3.7 million in federal funds from the United States Department of Housing and Urban Development (HUD). These funds will be used to continue programs that address a ffordable housing needs, assist homeless persons, provide adequate infrastructure-including street and sidewalk repairs, address fair housing issues, and support programs that enhance civic/community design, etc. Before these funds can be spent or budgeted, public hearings must be conducted.

A community meeting has been scheduled for the Inglewood Senior Center, 330 Centinela Avenue, on Wednesday, June 9, 2010 at 11:30 a.m.

Your participation at these community meetings is your opportunity to ensure that your voice is heard regarding how the City of Inglewood allocates fiscal year 2010/2011 federal community development funds.

#### Father's Day Program

On Friday, June 18, 2010 beginning at 2:00 p.m. Fathers will be honored with Praise dancing by Falyn Kingi and Rya Thomas along with songs by the Inglewood Senior Center Inspirational Choir.

# Budget and Legislative Report Town Hall Meeting

Assembly member Steven Bradford and the 51<sup>st</sup> Assembly District's Citizens' Advisory Council will hold a **Budget and Legislative Report Town Hall Meeting on Saturday,** 

June 5, 2010 at George W. Crozier Middle School, 151 North Grevillea Avenue, Inglewood, CA 90301.

The Governor plans to make billions of dollars in cuts to education, health, and other social services, while killing jobs when employment is needed more than ever.

Come hear what Assembly member Bradford and the Assembly Democrats plan to do in response to the Governor's attack on California's more vulnerable citizens, learn about other policies that may impact your life and discover ways you can help.

Light refreshments will be served and parking is available.

For more information or to RSVP, please contact Darryn Harris at <a href="mailto:Darryn.Harris@asm.ca.gov">Darryn.Harris@asm.ca.gov</a> or call (310) 412-6400 by Wednesday, June 2, 2010.

### Free Small Claims Workshop

Are you planning on filing a small claim action or defending yourself against one? A FREE the workshop, put on by volunteer lawyers and mediators will explain the process from beginning to end, and discuss alternative ways to settle your dispute. After the presentation, these volunteers will be available to answer your questions.

When: 2<sup>nd</sup> Thursday of each month

Time: 7:00 - 8:30 p.m.

Where: Southwestern Law School 3050 Wilshire Boulevard Room BW 390

The Law School is just east of Vermont. There is ample free parking available. Enter the lot at Westmoreland. All attendees must first register by phone. To register, call (323) 648-4719 and leave your name and phone number on the voicemail.

	MONDAY		TUESDAY		WEDNESDAY	
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14		15		6:00 p.m.	Caregiver Support Group	
9:00 a.m. 9:00 a.m. 10:00 a.m. 12:15 p.m. 1:00 p.m.	Class	9:00 a.m. 10:00 a.m. 12:45 p.m. 1:30 p.m.	Rogers Park	9:00 a.m. 10:00 a.m. 10:00 a.m. 10:00 a.m. 1:00 p.m. 1:00 p.m. 1:00 p.m.	Walking Class Bazaar Blood Pressure/Glucose Cane Fu Self-Defense Class Exercise with Tricia Knitting and Crocheting Project Advisory Council	
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9:00 a.m. 9:00 a.m. 10:00 a.m. 1:00 p.m.	Boomer "Be Well" at Hawthorne Senior Center Walking Class Cane Fu Self-Defense Class Bingo	9:00 a.m. 10:00 a.m. 11:30 a.m. 12:45 p.m. 1:00 p.m. 1:30 p.m.	"Be Well" at Darby Park Inspirational Choir at Rogers Park Lucy Florence Culture Center Move or Lose Swim Class Food Bank at Rogers Park Yoga at Darby Park	9:00 a.m. 9:00 a.m. 10:00 a.m. 1:00 p.m. 1:00 p.m. 6:00 p.m.	San Manuel Casino Outing Walking Class Cane Fu Self-Defense Class Exercise with Tricia Knitting and Crocheting Caregiver Support Group	
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24 9:00 a.m. 10:00 a.m. 12:45 p.m. 1:00 p.m. 1:30 p.m.	Savvy Caregiver Training Course - Park IV Move or Los Swim Class Friends For Fun Yoga at Darby Park	1:00 p.m.	Bus Passes Walking Class Cane Fu Self-Defense Class Tai Chi Exercise Class Sewing, Arts and Crafts at Rogers Park Birthday Celebration		Cheerful Caregivers at Rogers Park Blood Pressure Screenings

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Jugo de Naranja	Albóndigas Italianas	Pavo con Salsa	Caldo de Pollo Ajoniolí	Pastel de Jaiba
Piernas de Pollo (2)	Pasta Penne	Aliño de Pan	Pollo Lo Mein	Papas Au Gratin
Arroz Blanco y Salvaje	Mezda de Vegetales Italianas	Ejotes Cortados	Pasta de Trigo	Espinaca y Verdes de Mostaza
Zanahorias Parsley	Ensalada	Papas Dulces	Brécol con Mantequilla	Ensalada de Col
Ensalada de Frijol Mezclado	Panecillo Francés	Salsa de Arándano	Galletas de Eortina	
Panecillo	Fresas	Fruta Tropical	Mandarinas	ranecilo con Granos Integrales
Pastel de Durazno		Leche	Leche	ranai sauce Plátano
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Puré de Patatas	Pechinga de Pollo Despinesado	Filet de Chulota de Cardo	Sugo de Daya	Jugo de Ova
Eiotes Cortados	Arroz Español		Favo letrazzini	Caserola de Chile Relleno
Pan	Penallo al Vanor	rail de namburguesa	Lanahorias	Elote Ranch
MO100	repoile at vapor	Lecnuga, Tomate y Pepinillo	Ensalada de Betabel, Naranja	Frijoles Refritos
	Ensalada de Zanahorias y Pasas	Frijoles Rojos	y Cebolla, Pan de Elote	Panecillo con Granos Integrales
-	Pastel de Limon	Mayonesa y Mostaza	Rebanadas de Pera	Ciruelas v Albaricoques
Leche	Leche	Pedazos de Naranja	Leche	Leche
Dia de la Bandera	15	16	17	-
Pollo Marengo	Caldo de Verdes y Papas Dulce	Jugo de Naranja	Caldo de Res	Ponche R
Arroz Café	Pasta Rotini con Carne de Res	Jamón de Pavo	Freelada con Alião	
Succino con Mantequilla	Guisante con Mantequilla	Sales de Mostara de Mia	Dakarada Coll Allino	Saicnicha Kleibasa
Ensalada de Zanahorias y Donor	Floto	Salsa de Mostaza de Miel	Kebanadas de Zananoria	nesc
Mondarian	riole Time and the second	Arroz Blanco y Café	Papas Enteras	Ensalada de Col
Ivial lual lias	Panecillo Frances	Repollo y Espinaca al Vapor	Panecillo	Pan de Elote
raneciilo	Plátano	Panecillo Rye		Fresas
Leche	Leche	Pastel de Arándano	Melón	2000
Solsticio de Verano	22	-		Pecile
Filete Salisbury	Chuleta de Cerdo Creola	OF COLOR	47	
Papas Enteras	Arroz Blanco y Cofé		Sopa de Frijol Negro y Lentejas	Filete de Pescado
Espinaça en Cremada	Described to the management of		Pollo con Salsa	Arroz con Vegetales
English de Paris :	Repollo con Mantequilla		Aliño de Pan	Frijoles Pinto
North of Cepino y Cepolla	Ensalada de Pina y Ciruelas	n Mantequilla	Guisante y Zanahorias	Ensalada de Fruta Tropical
Natian lyas	Panecillo Kye	***************************************	Ensalada con Aliño 🚃	Pan de Elote
all	Mango y Arandanos	Mezcla de Fruta Fresca	Panecillo	Pastel de Durazno
necue euser	Leche	Leche	Melón	orbo do l
28	29	30	3	
Pollo Frito al Horno	Jugo de Manzana	Caldo de Pollo Ajoniolí		Of a de lab and
Zanahorias	Pasta Sabrosa con Salchicha	Cerdo Chop Suev		
Arroz Pilaf	Vegetales	Arroz Café		o ac acino
Panecillo	Pan de Elote	Venetales Froides Committee		7
Mantequilla de Manzana	Durazno	Encolodo con Alião		
Ensalada de Fruta Tropical	Galletas de Avena	Mandarinae		
Leche	eche	Oplication of Parties (0)		
		Galletas de Fortuna (2)		



#### Relay For Life

One day. One night. One community. One fight. Relay For Life is a life-changing event that brings together more than 3.5 million people to celebrate the lives of those who have battled cancer; remember loved ones lost to the disease; and fight back against a disease that takes too much.

Relay For Life takes place from Saturday, July 17 to Sunday, July 18, 2010, 9:00 a.m. to 9:00 a.m. at Edward Vincent Jr. Park Soccer Fields.

The staff from Parks, Recreation and Community Services Department have established 'Team Love' in honor of Leonard Jones, Victor Cajo and everyone in our Parks and Recreation family that is, or has been, impacted by cancer.

To register or make a donation to **Team Love**, contact **Sandra Green** at (310) **412-5617** or go to the website at

<u>www.relayforlife.org/inglewoodca</u> and look
for **Team Love** to register.

#### "Operation Shoebox"

The National Council of Negro Women, Inc.(NCNW) and the Maurine G. Perkinson Section invite you to join "Operation Shoebox." Your donations will go directly to homeless women on Skid Row who are in the process of rebuilding their lives. What you give will have a positive and profound impact on their daily lives.

Help the NCNW Inc., along with Maurine G. Perkinson Section to help others by donating decorative shoeboxes with the following travel size toiletries:

- Toothbrush
- Toothpaste
- Tampons
- Mirror
- Deodorant
- Comb/Brush
- Band Aids
- Hand towels
- Advil/Tylenol/Aspirin (sealed packages)
- Light blankets
- Your note of encouragement

Bring your shoeboxes on Sunday, June 13, 2010 from 3:00 p.m. – 5:30 p.m. to the NCNW Council House located at 3720 West 54<sup>th</sup> Street, Los Angeles, CA 90043 (Crenshaw and 54<sup>th</sup>).

#### **Inglewood Juneteenth**

On Saturday, June 19, 2010 from 11:00 a.m. to 9:00 p.m. at Darby Park, 3400 West Arbor Vitae, Inglewood, CA 90305, a Juneteenth celebration will be held. This year's celebration is entitled "Expressions of Freedom." Parking will be available at Hollywood Park, Gate 8 only with free shuttle service to and from Darby Park.

For more information, please call (310) 412-8602.

#### Silver Screen Classics

The movie at the Bridge will be shown Monday, June 14, 2010. Transportation will depart from the Senior Center at 12:30 p.m.

For \$2.00 you are treated to a silver screen classic along with popcorn and small soda.

This project is funded in part through the Older Americans Act of 1965 as amended, Los Angeles Community Service Department. Department activities are open to all appropriated citizens. Discrimination on the basis of race, color or nationality is strictly prohibited by federal law.



#### San Manuel Casino Trip

An outing to San Manuel Casino has been planned as a fundraiser activity for Wednesday, June 23, 2010. Sign ups are currently being taken and a \$15.00 deposit is required at that time. The \$10.00 will be returned once you arrive at the casino; \$5.00 will go to the activity fund for future events. The bus will leave the Center at 9:00 a.m. and return at 5:00 p.m.

For more information on this event, contact Shelley Benjamin, Activity Coordinator at (310) 412-4340.

#### **Birthday Celebration**

The June birthday celebration has been planned for all Gemini's on Friday, June 25, 2010 at 1:30 p.m. Be sure to sign up to be acknowledged if you have a birthday in June.

## Travelairs 25th Year Anniversary

The Travelairs Senior Club will be celebrating their 25<sup>th</sup> anniversary this year. In honor of this great event, a dinner/dance is scheduled for Saturday, August 21, 2010 from 6:00 p.m. to 1:00 a.m. at the Chester Washington Golf Club, 1930 West 120<sup>th</sup> Street, Los Angeles, CA 90047.

The cost is \$40 per person; table for 8 is \$320.00. Cocktail hour is from 6:00 p.m. to 7:00 p.m., dinner from 7:00 p.m. to 8:00 p.m. For more information call (323) 759-1844.

#### Cleaning for a Reason Foundation

This is an organization that connects women currently undergoing chemotherapy to

participating cleaning services in their area to provide **FREE** housecleaning – one time per month for up to four months while they are undergoing treatment. All a woman must do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating cleaning service in her area arrange for the service. This organization serves the entire USA with 604 current partners.

The Cleaning For a Reason Foundation is a non-profit agency that "offers free professional housecleaning and maid services to improve the lives of women undergoing treatment for cancer - any type of cancer." Since 2007, the Texas-based group has been connecting cancer patients in the United States and Canada with cleaning firms who offer their services for free to cancer patients, and as of November 2009 their partners had cleaned upwards of 2,000 homes at an estimated donated cost of \$350,000.00. Cleaning for a Reason fields about 325 calls per month and currently has 604 cleaning partners throughout the fifty states and four Canadian provinces. For further information go to their website at http://www.cleaningforareason.org.

#### Call 811 Before You Dig. It's Free

Pipelines may be located anywhere, including under streets and sidewalks. If you are a SoCalGas® (Southern California Gas) customer, there are most likely pipelines underground on your property, sometimes just inches below the surface. That is why it is important to know where they are before digging for any reason. To ensure your safety and help prevent costly damage call <a href="Underground Service Alert (USA)">Underground Service Alert (USA)</a> at 811 at least two business days before your start. USA will coordinate with SoCalGas® and other utilities to mark the location of buried utility-owned gas pipelines and other utility-owned lines free of charge.

Happy Father's Day...



#### Crenshaw/Watts Rotary Club

Save the date for a movie and lunch at Lucy Florence Culture Center on Tuesday, June 22, 2010. Transportation is provided and will leave from the Center at 11:30 a.m. Suggested donation \$5.00.

See Linda Murrell to sign up at the Senior Center or call her at (310) 412-5338.

#### "National Volunteer Appreciation Week"

National Volunteer Appreciation Week was a "hit." The volunteers at Inglewood, Hawthorne and Lennox Senior Centers were acknowledged with Certificates of Appreciation for all of their hard work.

Guest speakers at the culmination of National Volunteer Appreciation Week were Sabrina Barnes, Director of Parks, Recreation and Community Services; Sikizi Allen-Wagne, Programs Manager; and Ms. Rochelle Williams, Retired Volunteer Coordinator, who spoke to the volunteers during the Appreciation Breakfast. To you, the guest speakers, we say 'thank you' for taking the time to acknowledge our dedicated volunteers.

Deborah Ross-Bell, Volunteer Coordinator, spoke at all three sites and thanked each and every one of the volunteers for their hard work, commitment, and dedication.

If you have spare time on your hands and would like to get involved with your community, please contact **Deborah Ross-Bell at (310) 412-4346** and register to become a volunteer.

#### "Billie! Backstage with Lady Day"

The Inglewood Senior Center Caregiver Support Group, along with colleagues and caregivers from the Alzheimer's Association, were treated to an amazing performance of "Billie! Backstage With Lady Day," at TheWhitefire Theatre in Sherman Oaks. This was a play written by and starring Emmy Award winning actress Synthia Hardy.

In Synthia's compelling portrayal, she provided a different glimpse into the well documented life of Billie Holiday. It truly was a "musically haunting, sad, happy, unpredictable journey on a winding road of love, joy, blues, racism and astounding hit songs."

Synthia was amazing both on and off the stage. She shared the chocolate cake she had been given in celebration of Billie Holiday's birthday with the Inglewood group, and served them beverages. She sat down with them, and shared some of the stories she had learned while doing the research to write the play. She did all of this after she had appeared in every single scene in the play. When she realized they were caregivers, there was an instant bond; she too had been a caregiver for her mother to, whom she dedicated her performance. What a trooper! To her, we are truly grateful.

This was an absolutely memorable evening for the caregivers.

#### Survivor Rally

On Saturday, June 19, 2010 at Siminski Park, 9717 South Inglewood Avenue from 12:00 p.m. to 3:00 p.m., in conjunction with Relay for Life, there will be a Survivor Rally –"Celebrate--Remember fight back for more birthdays!"

~ June 15, 2010 is World Elder Abuse Awareness Day ~



#### Around the Center...

Condolences go out to the family of Blanche Brown, one of our senior participants who passed away on Sunday, May 16, 2010.

Continued get well wishes to Cora Baker.

Congratulations go out to Darlena Harris, the proud grandmother of Brandon Wilkerson, who received his Masters in Physical Education on Saturday, May 8, 2010 from Azusa Pacific University.

Darlena says..."She is so proud of him!"

#### Congratulations...

Congratulations to Elizabeth Payne, who was recently re-elected to serve a second term as the Senior Assembly Person with the California Senior Legislature. In this position, she speaks as your senior advocate representing senior issues and concerns.

The California Senior Legislature was established by state law, the mission of the California Senior Legislature is to help preserve and enhance the quality of life for older Californians and their families.

#### Staff Tidbits...

Our deepest sympathy and prayers go out to Teresa Baird and family on the recent death of her mother, Teresa Marttini

Congratulations to Carletta Stallings on becoming a new grandma. Her son Ricky and his wife Christina are the proud parents of a baby boy named Ari Liam Rucker. Ari was born on May 17, 2010 weighting in at 7 lbs. 10 oz. This is Carletta's first grandchild, and she is ecstatic!

#### California Elder Law News Update

One of the toughest choices you may ever make will be whether or not to put a loved one who needs constant care into a nursing home facility. Selecting the right nursing home requires research, a lot of question asking and patience. Don't be afraid to ask the tough questions. If anything makes you feel uneasy – move on!

Rule #1 for nursing homes hunting is to do it before you actually need one. The cost of nursing home care is another source of stress for most families. Learn ahead of time what Medicare or private insurance covers and what the gaps might be so you can have your loved-one's estate plan set up to handle the costs. You should also realize that Medicare does not pay for what's called "custodial care." That includes help with walking, eating, bathing and other daily activities. The average cost of nursing home care is \$200-\$300 per day. And that doesn't include whatever additional fees you may face when specialty staff and care is required.

Do your research! The <u>Centers for</u>
<u>Medicare and Medicaid Services</u> collects
valuable data on over 15,000 nursing homes
cross-country. The data includes health
inspection, staffing and a measure of the
quality of care all combined to score each
facility with an overall ranking from one to
five stars. Additionally, the site offers a
nursing home compare tool as well as a
brochure titled "Medicare's Guide to
Choosing a Nursing Home" for each facility.

If you are looking for help in California, try the California Elder Law Center, www.calelderlaw.com for access to a free clinic, every Wednesday at 2:00 p.m. or for additional information please call (888) 500-6700.

# Classes, Clubs, Activities...

Classes, clubs and activities are open to persons 50 years or older who enjoy a recreational and social environment and range of activities. Offerings are free except where indicated. Some clubs, classes and activities may require a fee (membership, supplies, and/or admission, etc.) Call (310) 412-5338 for details.

#### **Classes for Seniors**

#### Walking Class

M, W & F 9:00 a.m. - 10:00 a.m.

Self-Defense Class

M, W & F 10:30 a.m. - 11:30 a.m.

**Exercise** with Tricia

W 1:00 p.m.—3:00 p.m. Senior Center

**Knitting & Crocheting** 

W 1:00 p.m. - 3:00 p.m. Senior Center

Tai Chi

F 11:00 a.m.—12:00 p.m. Senior Center

Sewing/Arts&Crafts

F 1:00 p.m. - 3:00 p. m. Rogers Park

Yoga

Tu & Th 1:30 p.m. - 3:00 p.m. Darby Park

#### **Clubs/Support Groups**

Diabetic Support GroupLennox Senior Center1st Tuesday (Spanish)10:00 a.m. - 11:00 a.m.

**Diabetic Support Group** Darby Park

2nd Wednesday 11:00 a.m. - 12:30 p.m.

Friends for Fun (FFF) Senior Center

1st Thursday 1:00 p.m. - 3:00 p.m.

**Inspirational Choir** Rogers Park

Tuesday 10:00 a.m. - 12 noon

Project Advisory Council Senior Center

3rd Wednesday 1:00 p.m. - 2:30 p.m.

Travelairs I-COPPS

3rd Thursday 1:30 p.m. - 3:00 p.m.

Caregiver Support Group Senior Center

2nd & 4th Wednesday 6:00 p.m. - 8:00 p.m.

Cheerful Caregivers Rogers Park

Saturdays 10:00 a.m. - 11:30 a.m.

## Senior Services Calling Card

310/412-5338
310/412-4382
10/412-4380
10/349-1650
10/412-4380
10/412-4370
10/412-4378
23/298-6038
10/412-5338
10/412-5439
10/412-4380
10/412-4378
10/412-8750

# INGLEWOOD CITY OFFICIALS

Daniel K. Tabor, District 1
Judy Dunlap, District 2
Eloy Morales, Jr., District 3
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Yvonne Horton, City Clerk
Wanda Brown, City Treasurer
Sheldon Curry, Acting City Administrator
Michael D. Falkow, Deputy City Administrator
Cal Saunders, City Attorney